



LEGENDS OF THE LUNCHBOX GUIDELINES

WHAT'S IT ALL ABOUT?

WHO ARE THE LEGENDS BEHIND YOUR LUNCH?

This Ag Day, we're asking students to explore where their food comes from—and to celebrate the Aussie farmers, workers and communities who help grow the food and fibre they use every day.

STUDENT ACTIVITY

STUDENTS CAN PARTICIPATE IN ANY ONE OF THESE CREATIVE WAYS:



DRAW IT

Create an artwork showing where your lunch comes from or who helped grow it



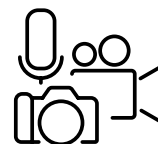
WRITE IT

Tell a short story or poem (up to 250 words) about someone who grows your food



SNAP IT

Take a photo of your lunch and describe the Aussie ingredients in it



FILM IT

Create a short video (up to 60 seconds) sharing the story of one food item, or thanking a farmer

This can be an individual or group-based activity. Teachers are encouraged to share students' work on social media to help celebrate National Agriculture Day and tag @NationalFarmers.



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NEED HELP FINDING THE STORY BEHIND YOUR FOOD?

HERE ARE SOME EASY WAYS STUDENTS CAN TRACE THEIR FOOD'S JOURNEY:

1. Check fruit stickers or packaging for where it was grown
2. Look at the packaging - find the "Grown in Australia" or Aussie Made logo
3. Ask at home - where was it bought? Do your parents know where it was grown?
4. Search online - try: "Where does [food] come from in Australia?"

Encourage students to pick one food they eat often and imagine its journey from the soil, to the farmer, to the supermarket, to their lunchbox.

KEY DATES

NATIONAL AGRICULTURE DAY - FRIDAY 21 NOVEMBER

National Agriculture Day is always on the third Friday in November.

NOTES FOR TEACHERS

- Curriculum-aligned: food systems, sustainability, storytelling, digital literacy
- Great for class display, school assemblies or Ag Day events
- Teachers are encouraged to share entries online on behalf of students



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